

# Mountain Yoga Class Calendar for January 2016

plus Membership Year Feb 1, 2016-January 31, 2017

2016	Mon	Tues	Wed	Thur	Fri	Sat	Sun		Mon	Tues	Wed	Thur	Fri	Sat	Sun			
January					1	2	3		July					1	2	3		Bliss Yoga Weekend Free to members
	4	5	6	7	8	9	10			4	5	6	7	8	9	10	--/19	
	11	12	13	14	15	16	17			11	12	13	14	15	16	17	20	
	18	19	20	21	22	23	24			18	19	20	21	22	23	24	21	
	25	26	27	28	29	30	31			25	26	27	28	29	30	31	22	
Feb	1	2	3	4	5	6	7	1	Aug	1	2	3	4	5	6	7	23	½ Day Workshop Free to members
	8	9	10	11	12	13	14	2		8	9	10	11	12	13	14	24	
	15	16	17	18	19	20	21	3		15	16	17	18	19	20	21	25	
	22	23	24	25	26	27	28	4		22	23	24	25	26	27	28	26/--	
	29	1	2	3	4	5	6	5		29	30	31	1	2	3	4	27/26	
Mar	7	8	9	10	11	12	13	6	Sept	5	6	7	8	9	10	11	--/27	Whole Yoga 3 hr class. Bring brown bag meal.
	14	15	16	17	18	19	20	7		12	13	14	15	16	17	18	28	
	21	22	23	24	25	26	27	8		19	20	21	22	23	24	25	29	
	28	29	30	31	1	2	3	8		26	27	28	29	30	1	2	30/--	
Apr	4	5	6	7	8	9	10	9	Oct	3	4	5	6	7	8	9	31/30	6 week Intro to Svaroopo Yoga
	11	12	13	14	15	16	17	10		10	11	12	13	14	15	16	--/31	
	18	19	20	21	22	23	24	11		17	18	19	20	21	22	23	32	
	25	26	27	28	29	30	1	11		24	25	26	27	28	29	30	33	
May	2	3	4	5	6	7	8	12	Nov	31	1	2	3	4	5	6	34	MFA off. No classes or private sessions
	9	10	11	12	13	14	15	13		7	8	9	10	11	12	13	35	
	16	17	18	19	20	21	22	14		14	15	16	17	18	19	20	36	
	23	24	25	26	27	28	29	15		21	22	23	24	25	26	27		
	30	31	1	2	3	4	5	16		28	29	30	1	2	3	4	37	
June	6	7	8	9	10	11	12	17	Dec	5	6	7	8	9	10	11	38	MFA off. No classes or private sessions
	13	14	15	16	17	18	19	18		12	13	14	15	16	17	18	39	
	20	21	22	23	24	25	26	19		19	20	21	22	23	24	25	40	
	27	28	29	30				19		26	27	28	29	30	31	1		
I have agreed to teach 42 weeks Feb 1, 2016-Jan 31, 2017 (one membership year). There are 43 weeks on the calendar, which will allow for some adjustment, if needed.								2017	Jan	2	3	4	5	6	7	8		MFA off. No classes or private sessions
										9	10	11	12	13	14	15	41	
										16	17	18	19	20	21	22	42	
										23	24	25	26	27	28	29	43	
										30	31							

